



WHAT'S NEW

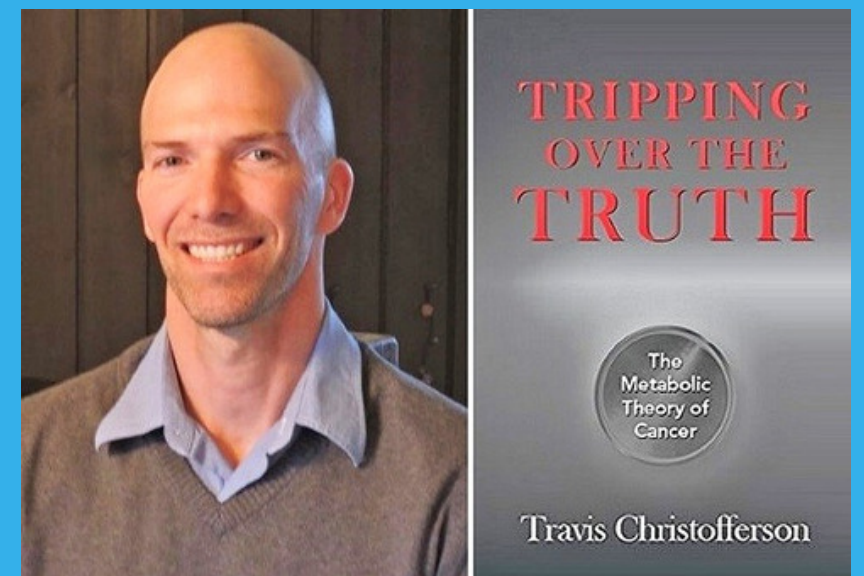
AUTUMN 2016

OUR ANNUAL CONFERENCE: 'CANCER AS A METABOLIC, EPIGENETIC DISEASE'

Where? Woburn House Conference Centre, London

When? Saturday 19th November, 9.30am-6pm

We are delighted to announce that Travis Christofferson, best-selling author of 'Tripping Over the Truth', will be the keynote speaker at our 2016 major annual conference, which is titled 'Cancer as a Metabolic, Epigenetic Disease'.



Travis will be joined by three expert speakers: Rob Verkerk of ANH International; Dr Ndaba Mazibuko, Clinical Research Fellow at King's College London and Jane McLelland who will share her personal story of using a metabolic approach to cancer.

Find out more & book tickets here: yestolive.org.uk/events/seminars.html

NEW INITIATIVES

A bumper season for new discounts

We have had a range of new companies now offering discounts to friends and beneficiaries of Yes to Life.

- **Andrew James** are offering 20% off their juicers

andrewjames

- **Cytoplan** are offering 25% off their whole range, including supplements and more



- **Lipolife** are offering 25% off their range of liquid supplements



- **Rest & Revitalise Retreats** are being offered at a 25% discount by Daphne Lambert

To find out more (and for more discounts):
yestolive.org.uk/links/discountedtherapies.html

A big welcome to our new trustees

It is a pleasure to introduce you to our new trustees Célia Pronto and Fay Sweet. Célia specialises in developing branding, marketing and digital transformation strategies and Fay specialises in strategic communications, having worked for many years in the media. With so much experience and enthusiasm to bring to the board, we are very excited to welcome them both to the team.



Meet more of our team here: <http://bit.ly/2d5xz08>

This Changed Me - a new app

Delyth Johnson invites you to share your stories on her new app 'This Changed Me' - a space for people to share anything that has inspired change in their lives.



Read her blog here: <http://bit.ly/2ac9o0z>



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FUNDRAISING

Kilimanjaro...for real!

John 'Mountain Man' Pears climbed the height of Mount Kilimanjaro on a treadmill...and now he is taking on the real thing! We could not be more proud of John, to date he has raised over £6000 for two important causes (us and the Princess Alice Hospice) that were of support to his wife Beata who sadly died last year. What an incredible feat and tribute, go John!



www.kilimanjaroforcancer.co.uk/

Sue Swims the Serpentine

Our very own Executive Director, Sue De Cesare is swimming the Serpentine in September to raise money and awareness for Yes to Life, becoming the most dedicated member of her local lido along the way!



Read her thoughts on the experience on LinkedIn: <http://bit.ly/2cI94VD>



Want to become a Yes to Life fundraising superstar too?
Get in touch!



SUPPORTER SPOTLIGHT

THE MACKINTOSH FOUNDATION

A huge thank you to the Mackintosh Foundation for offering a generous grant towards our Cancer Options referral fund - Amazing!



EVENTS

- **CAM Expo**
Saturday & Sunday 24/25th September, London

- **Get Moving Workshop with Liz Davies**
Tuesday 27th September, London

- **Outsmart Cancer Cookery Class**
Saturday 15th October, Bristol

- **Major Annual Conference**
'Cancer as a Metabolic, Epigenetic Disease'
Saturday 19th November, London



For more details and to book tickets please visit our website:
yestolive.org.uk/events

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